

# Mental Health Resources

**Updated:** 4/17/24

Provider Name	Alabama Regional Medical Services (ARMS)
Provider Description	<p>We offer a wide variety of services including, but not limited to: adult internal medicine, women's health care, diabetic testing and treatment, HIV counseling and testing, TB screening, and chronic disease management. Prescription assistance is available. A therapist is available to assist the homeless with mental health needs. Assessments, referrals, and individual sessions are available. Dental Services are available for all at our Northside Dental Clinic.</p> <p>Must be a Birmingham resident for more than 3 months, have an agency vouch for your homelessness (or referral letter from a shelter), and an appointment scheduled.</p> <p>Metro Center: 712 25th St. N 205-407-6900            Ensley Health Center: 417 19th St 205-783-9300            Crestwood Medical Center: 7001 Crestwood Blvd. #822 205-421-9615            Northern Health Center: 2817 30th Ave N 205-407-9699            Northside Dental Clinic: 1333 19th St N 205-322-8288            Wenonah Health Center: 2800 Wilson Rd SW 205-231-9090</p>
Provider Hours	Monday – Friday: 7:30 a.m. – 4:30 p.m. (Closed for lunch: 12:00 – 1:00 p.m.)
Provider Website Address	<a href="http://www.alabamaarms.org">www.alabamaarms.org</a>
Contact Email	<a href="mailto:info@alabamaarms.org">info@alabamaarms.org</a>
Telephone Number	205-407-6900
Address	712 25th Street North, Birmingham, AL 35203

Provider Name	Birmingham VA Medical Center
Provider Description	<p>We help Veterans who are homeless or at risk of becoming homeless due to financial hardship, unemployment, addiction, depression, or transition from jail. We can help you connect with resources in your community. Contact one of our care coordinators to get help with:</p> <ul style="list-style-type: none"> <li>- Immediate food and shelter needs, including both transitional and permanent housing</li> <li>- Job training, life skills development, and education</li> <li>- Justice system navigation and community reentry from jail</li> <li>- Financial support to prevent homelessness</li> <li>- Addiction and depression treatment</li> <li>- Health and dental care</li> </ul> <p>DD-214: VA at Cooper Green, 5th Floor, 1515 6th Ave S, Birmingham</p>
Provider Hours	
Provider Website Address	<a href="http://www.va.gov/birmingham-health-care/health-services/homeless-veteran-care/">www.va.gov/birmingham-health-care/health-services/homeless-veteran-care/</a>
Contact Email	
Telephone Number	205-933-8101
Address	700 19th St S, Birmingham, AL 35233

Provider Name	Christ Health Center
Provider Description	<p>Providing affordable, compassionate care to improve the physical, mental and spiritual wellbeing of children, women and families. We offer a wide range of health services for our patients.</p> <p>Insurance is not required, however, regardless of income there will be co-pay payment based on a sliding scale (between \$35-\$100). A Continuum ID will be accepted for the first appointment but a state issued ID will be required for following appointments. Please bring proof of income or food stamps award letter for documentation, as well as a photo ID when going in for your appointment. Call for appointments and further information.</p> <p>Woodlawn: 5720 1st Ave S, Birmingham, AL 35212; 205-380-9455  Chalkville: 2152 Old Springville Rd, Birmingham, AL 35215; 205-838-6000  Live Oaks Clinic (Mental Health Clinic - must be seen at the primary clinics prior to being seen at this location): 5804 1st Ave S, Birmingham, AL 35212; 205-972-0264</p>
Provider Hours	Monday-Friday: 7:45 am - 5:00 pm
Provider Website Address	<a href="http://www.christhealthcenter.org">www.christhealthcenter.org</a>
Contact Email	<a href="mailto:info@christhealthcenter.org">info@christhealthcenter.org</a>
Telephone Number	205-380-9455
Address	5720 1st Ave S, Birmingham, AL 35212

Provider Name	Crisis Center Central Alabama
Provider Description	Serves the unmet needs of people experiencing personal crisis or mental health issues and respond with services that promote coping, emotional health, and well-being. Offers free and confidential crisis counseling 24 hours a day and information and referrals to other services in the area.
Provider Hours	The Crisis Suicide and Rape Response hotlines are open 24 hours a day, every day of the year. The UTalk Youth Line is available every day between 3 PM and 10 PM.
Provider Website Address	<a href="http://www.crisiscenterbham.org">www.crisiscenterbham.org</a>
Contact Email	
Telephone Number	205-323-7777
Address	3620 8th Ave South, Birmingham, AL 35222

Provider Name	Eastside Mental Health Center
Provider Description	The Alabama Department of Mental Health serves more than 200,000 Alabama citizens with mental illnesses, developmental disabilities, and substance use disorders. Our mission is to Serve, Empower, and Support, and promote the health and well-being of Alabamians.
Provider Hours	Monday-Friday: 8 AM to 5 PM
Provider Website Address	<a href="http://www.mh.alabama.gov/at_biz_dir/eastside-mental-health-center-2/">www.mh.alabama.gov/at_biz_dir/eastside-mental-health-center-2/</a>
Contact Email	
Telephone Number	205-836-7283
Address	129 East Park Circle, Birmingham, AL 35235

Provider Name	Gateway Family Solutions
Provider Description	Birmingham's first and oldest social services agency that provides foster care, family counseling, and financial counseling services based in the latest knowledge of trauma, child brain development, and behavioral healthcare.
Provider Hours	Open Monday through Thursday from 8 am to 5 pm and Friday from 8 am to 4:30 pm
Provider Website Address	<a href="http://www.gway.org">www.gway.org</a>
Contact Email	<a href="mailto:help@gway.org">help@gway.org</a>
Telephone Number	205-510-2600
Address	1401 20th Street South, Birmingham, AL 35205

Provider Name	JBS Brief Psychiatric Care Clinic
Provider Description	The goal of the The Brief Psychiatric Care Clinic (BPCC) is to provide rapid access to outpatient mental health care. The BPCC team works with the individual to create a person-centered, recovery based treatment plan. Services provided include mental health care, coordination of services, support for self-management, and connection to follow-up care. Individuals will be engaged in services up to ninety days or until permanent mental health care is established.
Provider Hours	Monday-Thursday: 8 AM to 7 PM
Provider Website Address	<a href="http://www.jbsmentalhealth.com/brief-psychiatric-care-clinic/">www.jbsmentalhealth.com/brief-psychiatric-care-clinic/</a>
Contact Email	<a href="mailto:urgentcareclinic@jbsmha.com">urgentcareclinic@jbsmha.com</a>
Telephone Number	205-545-8420
Address	1230 3rd Avenue South, Birmingham, AL 35233

Provider Name	Marks Village Health Center
Provider Description	<p>Health Centers like Marks Village Health Center accept all individuals regardless of ability to pay. All payer mixes; those uninsured, underinsured, and self-pay are welcome. Health Centers provide services that include but are not limited to treatment when you sick, pregnancy care, dental care, normal checkups, mental health, substance abuse help, and more. Contact your local health center to find out more information about each health center before heading out.</p> <p>This clinic operates under a SLIDING SCALE model. This means that it MAY NOT be free depending on your income. You will be required to prove financial need in order to receive free services or services at a reduced cost. Services that can be provided are</p> <ul style="list-style-type: none"> <li>Dental</li> <li>Family Medicine</li> <li>Behavioral Health Services</li> </ul>
Provider Hours	
Provider Website Address	<a href="http://www.healthcenterclinics.org/center/marks-village-health-center/">www.healthcenterclinics.org/center/marks-village-health-center/</a>
Contact Email	
Telephone Number	205-212-5700
Address	7524 Georgia Rd, Birmingham, AL 35212

<b>Provider Name</b>	<b>UAB Community Psychiatry</b>
Provider Description	
Provider Hours	Monday-Friday: 7:30 AM-5:00 PM
Provider Website Address	<a href="http://www.uab.edu/medicine/psychiatry/patient-care/community-psychiatry">www.uab.edu/medicine/psychiatry/patient-care/community-psychiatry</a>
Contact Email	
Telephone Number	205-934-7008
Address	908 20th Street South, Birmingham, AL 35205